

IONA BAR

Lunch Menu

Light Bites



SOUP OF THE DAY €6.00

Served with a selection of breads (6, 7, 9, 12)

CHICKEN AND MUSHROOM VOL AU VONT €9.95

MAIN COURSE €15.95

Served in a crisp puff pastry case (6, 7, 9, 12)

CLASSIC CAESAR SALAD €9.95

MAIN COURSE €15.95 | ADD CHICKEN €2.00

Crispy bacon, croutons, parmesan cheese finished with a caesar dressing (6, 11, 13)

Sandwiches

Choose your bread: White, Wholegrain, Brown or Toasted

THE CLASSIC €7.00

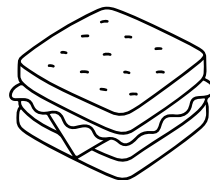
Baked ham & cheddar cheese (6, 7, 9)

THE SPECIAL €8.00

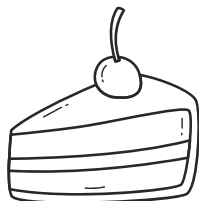
Baked ham, cheddar cheese, tomato & red onion (6, 7, 9)

THE MEAT LESS €6.00

Crisp lettuce, cucumbers, peppers, red onions & free-range mayo (6, 12)



Gluten Free Bread Available – Please Ask Your Server.



Sweet Treats

WARM APPLE PIE €7.00

(6, 7, 11)

CHEESECAKE OF THE DAY €7.00

(6, 7, 8, 11)

COFFEE & WALNUT GATEAUX €7.00

(5, 6, 7, 10)

Please note that although some of our dishes contain gluten; allergen 6, they can be altered to make them gluten friendly.

Allergen Information- (1 & 2) = Shellfish, Crustaceans, Molluscs (3) = Fish (4) = Peanuts (5) = Nuts (6) = Cereals containing Gluten (7) = Milk Products (8) = Soya (9) = Sulphur (10) = Sesame Seeds (11) = Eggs (12) = Celery (13) = Mustard (14) = Lupin